

| SUN   | MON   | TUE   | WED  | THUR   | FRI  | SAT  |
|---|---|---|--|--|--|--|
| <b>LOCATION KEY</b><br>2A - 2A<br>CR - Club Room<br>1A - First Floor Activity Room<br>LB - Lobby<br>PAC - Performing Arts Center<br>SMD - Small Dining Room<br>TH - Theater                   |   |   |  | 9:30 Friendly Room Visits <b>1</b><br>10:30 Boxing with Brandi (SMD)<br><b>1:15 Lifestyles Committee (SMD)</b><br><b>2:15 Bible Study with Pastor Tom (2A)</b><br>2:30 Scrabble Squad (CR)<br><b>4:00 Happy Hour with Ruby Weston (1A)</b>                       | 10:30 Fit and Fun with Brandi (SMD) <b>2</b><br>1:00 Acrylic Painting (2A)<br><b>2:00 Marek on Violin (1A)</b><br>3:00 Funny Senior Moments (2A)<br>4:00 Dominoes (2A)<br><b>7:00 Friday Night Movie - You've Got Mail (channel 81)</b>                          | 9:00 Qi-Gong with Michael (SMD) <b>3</b><br>11:30 Silver Sneakers Exercise (SMD)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:00 Ice Cream Social<br>4:00 Library On Wheels (2A)  |
| 9:15 Catholic Communion (1A) <b>4</b><br>9:45 Church Service with Pastor Tom (SMD)<br>10:30 Non-Denominational Worship Service (PAC)<br>1:30 Resident Led Movie (TH)<br>3:00 Daily News (CR)  | 9:30 Friendly Room Visits <b>5</b><br><b>10:00 Ambassador Committee (CR)</b><br>10:30 Fit and Fun with Brandi (SMD)<br>12:50 Walgreens Outing (LB)<br>1:00 Dominoes (2A)<br>3:00 Let's Play Bingo (2A)  | 10:30 Movement with Lynn Moon (SMD) <b>6</b><br><b>11:00 McLean Hearing Center (CR)</b><br>1:45 Grief Support Counseling Group (LaSala)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:15 Archeology/Sardis Exhibition with Tony (SMD) | 9:30 Friendly Room Visits <b>7</b><br>10:30 Fit and Fun Exercise (SMD)<br><b>1:15 TouchTown Training (2A)</b><br>2:15 The Rack Pack - Billiards (Billiards Room)<br><b>3:00 Music by Doc Gibbs (1A)</b><br>4:00 Trivia (2A)  | 9:30 Friendly Room Visits <b>8</b><br>10:30 Fit & Fun Exercise (SMD)<br><b>2:00 Book Review with Carol Brandon-Wit &amp; Wisdom (1A)</b><br><b>2:15 Bible Study with Pastor Tom (2A)</b><br>2:30 Scrabble Squad (CR)<br><b>4:00 Happy Hour Sing A Long (SMD)</b> | <b>9:00 Ritu's Gifts (LB)</b> <b>9</b><br>10:30 Fit and Fun Exercise (SMD)<br>1:00 Trivia (2A)<br>2:00 Crossword (2A)<br><b>3:00 Keith Schmorr on Piano (LB)</b><br>4:00 Match Game (2A)<br><b>7:00 Friday Night Movie - The Seven Little Foy's (channel 81)</b> | 9:00 Qi-Gong with Michael (SMD) <b>10</b><br>11:30 Muscle & Movement with Charles (SMD)<br>2:00 Music and Movement with Tammy* (SMD)<br><b>2:00 T.J Hartman's 100th Birthday Celebration (1A)</b><br>3:00 The Price is Right (2A)<br>4:00 Library On Wheels (2A) |
| 9:15 Catholic Communion (1A) <b>11</b><br>9:45 Church Service with Pastor Tom (SMD)<br>10:30 Non-Denominational Worship Service (PAC)<br>1:30 Resident Led Movie (TH)<br>3:00 Daily News (CR) | 9:30 Friendly Room Visits <b>12</b><br>10:30 Fit and Fun with Brandi (SMD)<br><b>12:00 Dallas Ice-Cream Truck (Plaza front parking lot)</b><br>12:50 Walgreens Outing (LB)<br>1:00 Dominoes (2A)<br><b>1:30 Dietary Committee (SMD)</b><br>3:00 Let's Play Bingo (2A) | 10:30 Movement with Lynn Moon (SMD) <b>13</b><br>1:45 Grief Support Counseling Group (LaSala)<br>2:00 Music and Movement with Tammy* (SMD)<br><b>2:00 Russell Turner, Magician (1A)</b><br>3:15 How Do We See? (2A)                       | 9:30 Friendly Room Visits <b>14</b><br>10:30 Fit and Fun with Brandi (SMD)<br><b>1:45 Tech Support (2A)</b><br><b>2:30 For Love &amp; Art (CR)</b><br><b>4:00 El Fenix Dinner Outing (LB)</b>  | 9:30 Friendly Room Visits <b>15</b><br>10:30 Boxing with Brandi (SMD)<br><b>11:00 Tony Macaroni Sings (1A)</b><br><b>2:15 Bible Study with Pastor Tom (2A)</b><br>2:30 Scrabble Squad (CR)<br><b>4:00 Happy Hour with Brandi &amp; Michael (SMD)</b>             | 9:30 Brain Games (2A) <b>16</b><br>10:30 Fit and Fun with Brandi (SMD)<br><b>11:15 Cindy's NY Deli Outing (LB)</b><br>1:00 Arts and Crafts (2A)<br>2:00 Dominoes (2A)<br>3:00 Who Am I (2A)<br><b>7:00 Friday Night Movie - Rio Bravo (channel 81)</b>           | 9:00 Qi-Gong with Michael (SMD) <b>17</b><br>11:30 Muscle & Movement with Charles (SMD)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:00 Name That Tune (2A)<br>4:00 Library On Wheels (2A)  |
| 9:15 Catholic Communion (1A) <b>18</b><br>9:45 Church Service with Pastor Tom (SMD)<br>10:30 Non-Denominational Worship Service (PAC)<br>1:30 Resident Led Movie (TH)<br>3:00 Daily News (CR) | 9:30 Friendly Room Visits <b>19</b><br>10:30 Fit and Fun with Brandi (SMD)<br>12:50 Walgreens Outing (LB)<br>1:00 Dominoes (2A)<br><b>1:30 Resident Council (SMD)</b><br>3:00 Let's Play Bingo (2A)   | 10:30 Movement with Lynn Moon (SMD) <b>20</b><br>1:45 Grief Support Counseling Group (LaSala)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:15 TED Talk - The TED AI Show (CR)  | 9:30 Friendly Room Visits <b>21</b><br>10:30 Fit and Fun with Brandi (SMD)<br><b>1:15 TouchTown Training (2A)</b><br><b>2:00 Luau (1A)</b><br><b>4:00 Music with Shanna Divine (1A)</b>  | 9:30 Friendly Room Visits <b>22</b><br>10:30 Drum Circle with Brandi (SMD)<br><b>2:00 Kona Ice Truck (Plaza front parking lot)</b><br><b>2:15 Bible Study with Pastor Tom (2A)</b><br>2:30 Scrabble Squad (CR)<br><b>4:00 Happy Hour Sing A Long (SMD)</b>       | 10:30 Fit and Fun with Brandi (SMD) <b>23</b><br>1:00 Crossword (2A)<br>2:00 This Day in History (2A)<br><b>3:00 Keith Schmorr on Piano (LB)</b><br>4:00 Hidden Word Search (2A)<br><b>7:00 Friday Night Movie - The Longest Ride (channel 81)</b>               | 9:00 Qi-Gong with Michael (SMD) <b>24</b><br>11:30 Muscle & Movement with Charles (SMD)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:00 Black Out Bingo (2A)<br>4:00 Library On Wheels (2A)   |
| 9:15 Catholic Communion (1A) <b>25</b><br>9:45 Church Service with Pastor Tom (SMD)<br>10:30 Non-Denominational Worship Service (PAC)<br>1:30 Resident Led Movie (TH)<br>3:00 Daily News (CR) | 9:30 Friendly Room Visits <b>26</b><br>10:30 Fit and Fun with Brandi (SMD)<br>12:50 Walgreens Outing (LB)<br>1:00 Dominoes (2A)<br>3:00 Let's Play Bingo (2A)   | 10:30 Movement with Lynn Moon (SMD) <b>27</b><br>1:45 Grief Support Counseling Group (LaSala)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:15 TED Talk - Elon Musk, The Future We're Building (CR)                                   | 9:30 Friendly Room Visits <b>28</b><br><b>10:00 Reunion Tower GeO-Deck Outing (LB)</b><br>10:30 Fit and Fun with Brandi (SMD)<br><b>1:15 Health Talk with Kyle (SMD)</b><br><b>1:45 Tech Support (2A)</b><br><b>2:30 For Love &amp; Art (CR)</b><br>4:00 Trivia (2A) | 9:30 Friendly Room Visits <b>29</b><br>10:30 Boxing with Brandi (SMD)<br><b>1:00 Brad Ackland Sings (1A)</b><br><b>2:15 Bible Study with Pastor Tom (2A)</b><br>2:30 Scrabble Squad (CR)<br><b>4:00 Happy Hour with Brandi &amp; Michael (SMD)</b>               | <b>10:00 Alzheimer's &amp; Dementia Support Group (LaSala)</b> <b>30</b><br>10:30 Fit and Fun with Brandi (SMD)<br>2:00 Dominoes (2A)<br>3:00 Armchair Travels (2A)<br>4:00 Fact or Fiction (2A)<br><b>7:00 Friday Night Movie - Queen Bees (channel 81)</b>     | 9:00 Qi-Gong with Michael (SMD) <b>31</b><br>11:30 Muscle & Movement with Charles (SMD)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:00 Essential Oils (2A)<br>4:00 Library On Wheels (2A)  |

# August 2024

Assisted Living

