

SUN	MON	TUE	WED	THUR	FRI	SAT
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR)	9:30 Body Fusion- Teresa (Aerobics Studio) <b>10:00 Art Class (Laura) (AS)</b> 10:30 Open Swim Fitness (PO) <b>11:30 Labor Day Celebration (MD)</b> 2:00 Musical Mondays Movie (Channel 80)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:30 Bible Study (PAC) 10:30 Start Me Up With Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) <b>2:00 H2O Yoga - National Yoga Awareness Month! - Dan (PO)</b> 2:00 Military Series (TH) <b>7:30 Blake Davidson - Pianist (PAC)</b>	9:30 Agercise® Charles (Aerobics Studio) 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Blood Pressure Checks (L) 10:30 Open Swim Fitness (PO) <b>11:30 National Yoga Awareness Month Class- Harriet (Aerobics Studio)</b> <b>1:00 Healthy Living Talk With Kyle - "Understanding &amp; Preventing Strokes" (GR)</b> 1:00 Sole Mates - Walking Club (GS) 1:00 Golf Simulator (Billiards Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) <b>10:00 Harris Jewelry Repair (AS)</b> 10:30 Agercise® Charles (Aerobics Studio) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O FIT - Brandi (PO) 2:00 Love & Romance Movie (TH) 2:30 Touch Town support (GR) 7:30 Bingo (GR)	9:30 Dancercise - Brandi (Aerobics Studio) <b>10:00 Mahjong (CR)</b> 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:00 Farkle Dice Game (GR) <b>1:00 Trader Joes - Outing (OUT)</b> 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) <b>2:30 Floral Club (AS)</b> <b>4:00 Happy Hour With Doc Gibbs (PAC)</b>	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) <b>7:00 Mexican Train Game (GR)</b>
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR)	9:30 Body Fusion- Teresa (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) <b>10:00 WoodShop Class With Gary (WoodShop)</b> 10:30 Balance & Bar - Teresa (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) <b>1:00 Walgreens &amp; Tom Thumb** (OUT)</b> 1:00 Social Bridge (GR) 2:00 Musical Mondays Movie (TH)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) <b>10:00 WoodShop Class With Gary (WoodShop)</b> 10:30 Bible Study (PAC) 10:30 Start Me Up With Charles (Aerobics Studio) <b>10:45 Men's Lunch Outing - Back Country (OUT)</b> 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) <b>2:00 H2O Yoga - National Yoga Awareness Month! - Dan (PO)</b> 2:00 Military Series (TH) <b>7:30 Karaoke (PAC)</b>	9:30 Agercise® Charles (Aerobics Studio) 10:30 Move & Flex - Harriet (Aerobics Studio) <b>10:30 Beaded Dreams - Jewelry Making Class (GR)</b> 10:30 Blood Pressure Checks (L) 10:30 Open Swim Fitness (PO) <b>11:30 National Yoga Awareness Month Class- Harriet (Aerobics Studio)</b> <b>11:30 New Residents Welcome Home Luncheon (WR)</b> 1:00 Sole Mates - Walking Club (GS) <b>1:00 Health &amp; Wellness Presentation by Nexus Home Health (PAC)</b> 1:00 Golf Simulator (Billiards Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 3:00 Edgemere Choir Practice (PAC) <b>6:30 101 Tech Classes (GR)</b> 7:30 Park Cities Stamp Club (PAC)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:30 Agercise® Charles (Aerobics Studio) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O FIT - Brandi (PO) 2:00 Love & Romance Movie (TH) 2:30 Touch Town support (GR) 7:30 Bingo (GR)	9:30 Dancercise - Brandi (Aerobics Studio) <b>10:00 Mahjong (CR)</b> 10:30 Dudes and Donuts (GR) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:00 Farkle Dice Game (GR) <b>1:00 Walmart** (OUT)</b> 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) <b>4:00 Happy Hour With Dave Tanner (PAC)</b>	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) <b>7:00 Mexican Train Game (GR)</b>
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR)	<b>9:00 Ritu's Jewelry Sale (GS)</b> 9:30 Body Fusion- Teresa (Aerobics Studio) <b>10:00 Art Class (Laura) (AS)</b> 10:00 Bridge lessons with Gerri (GR) 10:30 Balance & Bar - Teresa (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) <b>1:00 Walgreens &amp; Tom Thumb** (OUT)</b> 1:00 Social Bridge (GR) 2:00 Musical Mondays Movie (TH) <b>2:00 Ice Cream Man - Dallas Ice Cream Truck! (Front Parking Lot)</b>	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:30 Bible Study (PAC) 10:30 Start Me Up With Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) <b>2:00 H2O Yoga - National Yoga Awareness Month! - Dan (PO)</b> 2:00 Military Series (TH) <b>7:30 Dallas Banjo Band (PAC)</b>	9:30 Agercise® Charles (Aerobics Studio) <b>10:30 Durbin Ear Clinic (CR)</b> 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Blood Pressure Checks (L) 10:30 Open Swim Fitness (PO) <b>11:30 National Yoga Awareness Month Class- Harriet (Aerobics Studio)</b> 1:00 Sole Mates - Walking Club (GS) <b>1:00 Health &amp; Wellness Presentation by: Texas Health Presbyterian (GR)</b> 1:00 Golf Simulator (Billiards Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 2:15 Dish with Dining (PC) 3:00 Edgemere Choir Practice (PAC) <b>6:30 101 Tech Classes (GR)</b>	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:30 Agercise® Charles (Aerobics Studio) <b>11:00 Lunch Outing - Rex's Seafood (OUT)</b> 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O FIT - Brandi (PO) 2:00 Love & Romance Movie (TH) 2:30 Touch Town support (GR) <b>4:00 Resident Association (PAC)</b> 7:30 Bingo (GR)	9:30 Dancercise - Brandi (Aerobics Studio) <b>10:00 Mahjong (CR)</b> 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:00 Farkle Dice Game (GR) <b>1:00 Target** (OUT)</b> 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) <b>2:30 Floral Club (AS)</b> <b>3:00 Line Dancing - All Levels (PAC)</b> <b>4:00 Happy Hour - Music &amp; Dancing with Brandi (PAC)</b>	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) <b>7:00 Mexican Train Game (GR)</b>
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR) <b>2:00 Tech/Computer support - with Suzanne (SR)</b> <b>2:00 Twist &amp; Shout - Concert Outing (OUT)</b>	9:30 Body Fusion- Teresa (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) <b>10:00 WoodShop Class With Gary (WoodShop)</b> 10:30 Balance & Bar - Teresa (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) <b>1:00 Walgreens &amp; Tom Thumb** (OUT)</b> 1:00 Social Bridge (GR) 2:00 Musical Mondays Movie (TH)	<b>9:00 Flu &amp; COVID clinic (PAC)</b> 9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) <b>10:00 WoodShop Class With Gary (WoodShop)</b> 10:30 Bible Study (PAC) 10:30 Start Me Up With Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) <b>2:00 H2O Yoga - National Yoga Awareness Month! - Dan (PO)</b> 2:00 Military Series (TH) <b>7:30 Tribute to the Legends with Richard Barry (PAC)</b>	9:30 Agercise® Charles (Aerobics Studio) 10:30 Move & Flex - Harriet (Aerobics Studio) <b>10:30 Beaded Dreams - Jewelry Making Class (GR)</b> 10:30 Blood Pressure Checks (L) 10:30 Open Swim Fitness (PO) <b>11:30 National Yoga Awareness Month Class- Harriet (Aerobics Studio)</b> 1:00 Golf Simulator (Billiards Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 3:00 Edgemere Choir Practice (PAC) <b>6:30 101 Tech Classes (GR)</b> 7:30 Park Cities Stamp Club (PAC)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O FIT - Brandi (PO) 2:00 Love & Romance Movie (TH) 2:30 Touch Town support (GR) <b>4:00 Current Events: Political Platforms with Randy (GR)</b> 7:30 Bingo (GR)	9:30 Dancercise - Brandi (Aerobics Studio) <b>10:00 Mahjong (CR)</b> 10:30 Dudes and Donuts (GR) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) <b>1:00 Aldi** (OUT)</b> 1:00 Farkle Dice Game (GR) 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) <b>4:00 Happy Hour With Dave Tanner (PAC)</b>	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) <b>7:00 Mexican Train Game (GR)</b>
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR)	9:30 Body Fusion- Teresa (Aerobics Studio) <b>9:30 Choctaw Casino Outing (OUT)</b> 10:00 Bridge lessons with Gerri (GR) 10:30 Balance & Bar - Teresa (Aerobics Studio) 10:30 Open Swim Fitness (PO) <b>1:00 Walgreens &amp; Tom Thumb** (OUT)</b> 1:00 Social Bridge (GR) 2:00 Musical Mondays Movie (TH) <b>4:00 Current Events with Randy (GR)</b>	<b>LOCATION KEY</b> AS - Art Studio CR - Club Room GR - Game Room GS - Grand Staircase L - Library	MD - Medici Dining Room OUT - Outing PAC - Performing Arts Center PO - Pool	PC - Portabella Cafe PG - Putting Green SR - Seminar Room TH - Theater WR - Wine Room		

# September 2024

Independent Living

