

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY AS - Art Studio CR - Club Room GR - Game Room GS - Grand Staircase L - Library	MD - Medici Dining Room OUT - Outing PAC - Performing Arts Center PO - Pool	PC - Portabella Cafe PG - Putting Green SR - Seminar Room TH - Theater WR - Wine Room			9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Mahjong (CR) 10:00 Harris Jewelry Repair (AS) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:00 Trader Joes - Outing (OUT) 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) 2:30 Floral Club (AS) 4:00 Happy Hour With Doc Gibbs (PAC)	8:00 Annual Alz. Walk (OUT) 9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) 7:00 Mexican Train Game (GR)
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR) 2:00 Tech Help- St. Mark's School of Texas Teaching Technology Across Generations (SR) 2:15 Dallas Symphony Orchestra - Elgar's Enigma Variations (OUT)	9:30 Body Fusion- Teresa (Aerobics Studio) 10:00 Art Class (Laura) (AS) 10:00 Bridge lessons with Gerri (GR) 10:30 Balance & Bar - Charles (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Walgreens & Tom Thumb** (OUT) 1:00 Social Bridge (GR) 2:00 Musical Mondays Movie (TH)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:30 Bible Study (PAC) 10:30 6 Week Balance Course with Brian Harmon (Aerobics Studio) 10:45 Men's Lunch BBQ Outing - Back Country BBQ (OUT) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O Yoga with Dan (PO) 2:00 Military Series (TH) 7:30 Upswing Jazz Band - USO Show (PAC)	9:30 Agercise® Charles (Aerobics Studio) 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Blood Pressure Checks (L) 10:30 Open Swim Fitness (PO) 11:30 Yoga with Harriet (Aerobics Studio) 1:00 Healthy Living Talk With Kyle - "No Pain, No Gain? How Hard Should You Be Exercising?" (GR) 1:00 Sole Mates - Walking Club (GS) 1:00 Golf Simulator Instructions (Billiard Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 3:00 Edgemere Choir Practice (PAC) 6:30 101 Tech Classes (GR)	9:30 Body & Brain With Charles (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:30 Agercise® Charles (Aerobics Studio) 1:00 Mahjong (CR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O FIT - Brandi (PO) 2:00 Love & Romance Movie (TH) 2:30 TouchTown/Uniguest app support (GR) 7:30 Bingo (GR)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Mahjong (CR) 10:00 Dudes and Donuts (GR) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:00 Walmart** (OUT) 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) 2:00 Art Club Meeting (AS) 3:00 Line Dancing Lessons With Diane (PAC) 4:00 Happy Hour With Dave Tanner (PAC)	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) 7:00 Mexican Train Game (GR)
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR) 2:00 Tech Help- St. Mark's School of Texas Teaching Technology Across Generations (SR) 2:15 Dallas Symphony Orchestra - Childrens Fall Chorus Recital (OUT)	9:30 Body Fusion- Teresa (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:00 WoodShop Class With Gary (WoodShop) 10:00 Victorian Sample Jewelry (CR) 10:30 Balance & Bar - Charles (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Walgreens & Tom Thumb** (OUT) 1:00 Social Bridge (GR) 2:00 Musical Mondays Movie (TH) 5:00 Veterans Day Dinner (PAC)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:00 WoodShop Class With Gary (WoodShop) 10:30 Bible Study (PAC) 10:30 6 Week Balance Course with Brian Harmon (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O Yoga with Dan (PO) 2:00 Military Series (TH) 7:00 Veterans Panel (PAC)	9:30 Agercise® Charles (Aerobics Studio) 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Beaded Dreams - Jewelry Making Class (GR) 10:30 Blood Pressure Checks (L) 10:30 Open Swim Fitness (PO) 11:30 Yoga with Harriet (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:00 Conscious Choking Victim Training Class (GR) 1:00 Golf Simulator Instructions (Billiard Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 3:00 Edgemere Choir Practice (PAC) 6:30 101 Tech Classes (GR) 7:30 Park Cities Stamp Club (CR)	9:30 Body & Brain With Charles (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:30 Agercise® Charles (Aerobics Studio) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O FIT - Brandi (PO) 2:00 Love & Romance Movie (TH) 2:30 TouchTown/Uniguest app support (GR) 3:00 Edgemere Fountain Sabrage (Fountain in the front circle drive) 7:30 Bingo (GR)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Mahjong (CR) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:00 Target*** (OUT) 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) 2:00 Floral Club (AS) 4:00 Happy Hour With TMAC (PAC)	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) 7:00 Mexican Train Game (GR)
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR) 2:00 Tech Help- St. Mark's School of Texas Teaching Technology Across Generations (SR) 2:45 Dallas School of Music Performance (PAC)	9:00 Ritu's Jewelry Sale (GS) 9:30 Body Fusion- Teresa (Aerobics Studio) 10:00 Art Class (Laura) (AS) 10:00 Bridge lessons with Gerri (GR) 10:30 Balance & Bar - Charles (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Walgreens & Tom Thumb** (OUT) 1:00 Social Bridge (GR) 2:00 Musical Mondays Movie (TH)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:30 Bible Study (PAC) 10:30 Start Me Up With Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O Yoga with Dan (PO) 2:00 Military Series (TH) 7:30 For Love & Art Presentation (PAC)	9:30 Agercise® Charles (Aerobics Studio) 10:00 Knit Wits Holiday Sale (PC) 10:30 Durbin Ear Clinic (CR) 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Blood Pressure Checks (L) 10:30 Open Swim Fitness (PO) 11:30 Welcome Home Luncheon (WR) 11:30 Yoga with Harriet (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:00 Golf Simulator Instructions (Billiard Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 2:15 Dish with Dining (PC) 3:00 Edgemere Choir Practice (PAC) 4:00 Artist of the Month Reception Ward Wueste (AS) 6:30 101 Tech Classes (GR)	9:30 Body & Brain With Charles (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:30 Agercise® Charles (Aerobics Studio) 1:00 Mahjong (CR) 1:00 Holiday Card Making with Robyn (AS) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O FIT - Brandi (PO) 2:00 Love & Romance Movie (TH) 2:30 TouchTown/Uniguest app support (GR) 4:00 Resident Association (PAC) 7:30 Bingo (GR)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Mahjong (GR) 10:00 Dudes and Donuts (GR) 10:00 American Red Cross - Blood Drive (CR) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:00 Aldi** (OUT) 1:30 Knit Wits (GR) 2:00 Friday & Saturday Movie (TH) 2:00 Art Club Meeting (AS) 3:00 Line Dancing - ALL Levels with Diane (PAC) 4:00 Happy Hour With Dave Tanner (PAC)	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) 7:00 Mexican Train Game (GR)
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR) 2:00 Tech Help- St. Mark's School of Texas Teaching Technology Across Generations (SR) 2:15 Dallas Symphony Orchestra - Beethoven and Mozart (OUT)	9:30 Body Fusion- Teresa (Aerobics Studio) 9:30 Choctaw Casino - Outing (OUT) 10:00 Bridge lessons with Gerri (GR) 10:00 WoodShop Class With Gary (WoodShop) 10:30 Balance & Bar - Charles (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Walgreens & Tom Thumb** (OUT) 1:00 Social Bridge (GR) 2:00 Musical Mondays Movie (TH) 4:00 Current Events with Randy (PAC)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:00 WoodShop Class With Gary (WoodShop) 10:30 Bible Study (PAC) 10:30 Start Me Up With Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O Yoga with Dan (PO) 2:00 Military Series (TH) 7:30 Ruby Weston (PAC)	9:30 Agercise® Charles (Aerobics Studio) 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Beaded Dreams - Jewelry Making Class (GR) 10:30 Blood Pressure Checks (L) 10:30 Open Swim Fitness (PO) 11:30 Yoga with Harriet (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:00 Medicare Seminar with Chip Brownlee (PAC) 1:00 Golf Simulator Instructions (Billiard Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 3:00 Edgemere Choir Practice (PAC) 6:30 101 Tech Classes (GR) 7:30 Park Cities Stamp Club (PAC)	9:30 Body & Brain With Charles (Aerobics Studio) 11:00 Thanksgiving Brunch (MD) 2:00 Love & Romance Movie (TH)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Mahjong (CR) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) 4:00 Happy Hour with Just Jazz Band (PAC)	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) 7:00 Mexican Train Game (GR)

November 2024

Independent Living

