November 2025

Independent Living

EDGEMERE

SUN	MON	TUE	WED	THUR	FRI	SAT
30 10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 11:00 Sunday Brunch (MD) 1:00 Dominoes (GR) **1:15 Dallas Symphony Orchestra - Ravels Rapsodie Espagnole (OUT)** **2:00 Tech help with Evey (SR)**	**LOCATION KEY** AS - Art Studio CR - Club Room GR - Game Room GS - Grand Staircase	MD - Medici Dining Room OUT - Outing PAC - Performing Arts Center PO - Pool	PC - Portabella Cafe PG - Putting Green SR - Seminar Room TH - Theater WR - Wine Room			**1** **7:30 Alz. Annual Walk - Clyde Warren Park! (OUT)** **9:00 Body Blast - With Charles (Aerobics Studio)** 10:30 Open Swim Fitness (PO) **10:30 Table Tennis with Ruda (Aerobics Studio)** 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) **7:00 Mexican Train Game (GR)**
2 10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 11:00 Sunday Brunch (MD) 1:00 Dominoes (GR) **2:00 Tech help with Evey (SR)**	**3** 9:30 Agercise - Charles (Aerobics Studio) **10:00 Art Class with Laura (AS)** 10:00 Bridge lessons with Gerri (GR) 10:30 Balance & Bar - Charles (Aerobics Studio) 10:30 Open Swim Fitness (PO) **10:30 Zooey Boutique (Portabella)** 1:00 Sole Mates - Walking Club (GS) **1:00 *NEW Chair Yoga with Jeri (Aerobics Studio)** **1:00 Beginning Bridge with Gerrie (GR)** 2:00 Musical Mondays Movie (TH) **4:00 Boy Scout troop 80 in Highland Park - Wreath Sale (Portabella)**	**4** 9:30 Body Fusion - Teresa (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) **10:00 Stress Relief Free Chair Massages with Wah-Hing (Meditation Room - Quiet Place)** 10:30 Bible Study (PAC) 10:30 Start Me Up With Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) **1:00 Walgreens & Tom Thumb** (OUT)** 1:00 Tai Chi - Teri (Aerobics Studio) 1:30 Mahjong (CR) 2:00 Military Series (IL Theater) **7:30 Tuesday Night Program - Edgemere Veterans Panel (PAC)**	**5** 9:30 Agercise® Charles (Aerobics Studio) 10:30 Functional Fitness - Harriet (Aerobics Studio) **10:30 *NEW Water Aerobics with Wesley SCW, AEC Certified Instructor (PO)** **10:30 Art Therapy with Lauren (Art Room)** 10:30 Open Swim Fitness (PO) **1:00 Healthy Living Talk with Kyle (GR)** 1:00 Sole Mates - Walking Club (GS) **1:00 *NEW Chair Yoga with Jeri (Aerobics Studio)** **2:00 GUNSMOKE WEDNESDAY (Movie Theater)** 3:00 Edgemere Choir Practice (PAC) **6:30 101 Tech Classes (GR)** **7:30 Wednesday Night Movie with Linda (TH)**	**6** 9:30 Body & Brain With Charles (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) **10:00 Harris Jewelry Repair (AS)** 10:30 Agercise® Charles (Aerobics Studio) **1:00 Farkle Dice Game (GR)** 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 Love & Romance Movie (IL Theater) **2:30 TouchTown/Uniguest app support (Lifestyles Office)** **4:00 Croquet & Wine - New Croquet Court (building 9 & 3 courtyard)** 7:30 Bingo (GR)	**7** **9:30 Pickle Ball with Ruda (PAC)** 10:00 Mahjong (CR) **10:30 Balance & Barre - Charles (Aerobics Studio)** **10:30 NEW Water Aerobics with Wesley (PO)** 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) **1:00 Boxing Class *NEW (Aerobics Studio)** **1:00 Trader Joes - Outing (OUT)** 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) **2:30 Floral Club (AS)** **4:00 Happy Hour with Night Caps Jazz Band (PAC)**	**8** **9:00 Body Blast - With Charles (Aerobics Studio)** **10:00 Meditation Sound Pool with live music with ByJimi (PO)** 10:30 Open Swim Fitness (PO) **10:30 Table Tennis with Ruda (Aerobics Studio)** 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) **7:00 Mexican Train Game (GR)**
9 10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 11:00 Sunday Brunch (MD) 1:00 Dominoes (GR) **1:15 Dallas Symphony Orchestra - Alsop Conducts Brahms (OUT)**	**10** 9:30 Agercise - Charles (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) **10:00 WoodShop Class With Gary (WoodShop)** **10:00 Claudia Wright Apparel Shopping (PAC)** 10:30 Balance & Bar - Charles (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) **1:00 *NEW Chair Yoga with Jeri (Aerobics Studio)** **1:00 Beginning Bridge with Gerrie (GR)** 2:00 Musical Mondays Movie (TH) **2:00 New Comers Social - Hosted by Hospitality Committee (Lobby)**	**11** 9:30 Body Fusion - Teresa (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) **10:00 WoodShop Class With Gary (WoodShop)** 10:30 Bible Study (PAC) 10:30 Start Me Up With Charles (Aerobics Studio) **11:00 Mary Kay Cosmetic Table (Portabella)** 11:30 Stretch & Balance - Dan (Aerobics Studio) **1:00 Walgreens & Tom Thumb** (OUT)** 1:00 Tai Chi - Teri (Aerobics Studio) 1:30 Mahjong (CR) 2:00 Military Series (IL Theater) **3:30 Lifestyles Listens (GR)** **5:30 Tuesday Night Program - Veterans Dinner with Special Guests (PAC)**	**12** 9:30 Agercise® Charles (Aerobics Studio) 10:30 Functional Fitness - Harriet (Aerobics Studio) **10:30 *NEW Water Aerobics with Wesley SCW, AEC Certified Instructor (PO)** **10:30 Beaded Dreams - Jewelry Making Class (IL GR)** **10:30 Fine Arts with Lauren (Art Room)** 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) **1:00 *NEW Chair Yoga with Jeri (Aerobics Studio)** **1:00 Wellness Wednesday Presentation - Medicare Annual Enrollment Presentation (PAC)** **2:00 GUNSMOKE WEDNESDAY (Movie Theater)** 3:00 Edgemere Choir Practice (PAC) **6:30 101 Tech Classes (GR)** 7:30 Park Cities Stamp Club (PAC) **7:30 Wednesday Night Movie with Linda (TH)**	**13** 9:30 Body & Brain With Charles (Aerobics Studio) **9:45 Haas Moto Museum - Outing (OUT)** 10:00 Bridge lessons with Gerri (GR) 10:30 Agercise® Charles (Aerobics Studio) **1:00 Farkle Dice Game (GR)** 1:00 Tai Chi - Teri (Aerobics Studio) **1:30 Book Club (CR)** 2:00 Love & Romance Movie (IL Theater) **2:30 TouchTown/Uniguest app support (Lifestyles Office)** 7:30 Bingo (GR)	**14** **9:30 Pickle Ball with Ruda (PAC)** **10:00 Dudes and Donuts (GR)** 10:00 Mahjong (CR) **10:00 GiGi's Boutique Sale (Portabella)** **10:30 Balance & Barre - Charles (Aerobics Studio)** **10:30 NEW Water Aerobics with Wesley (PO)** 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) **1:00 Boxing Class *NEW (Aerobics Studio)** **1:00 Walmart** (OUT)** 1:30 Knit Wits (CR) **2:00 Art with Tony & special guest Eva from Booker T. HS (AS)** 2:00 Friday & Saturday Movie (TH) **4:00 Happy Hour with Dave Tanner (PAC)**	**15** **9:00 Body Blast - With Charles (Aerobics Studio)** 10:30 Open Swim Fitness (PO) **10:30 Table Tennis with Ruda (Aerobics Studio)** 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) **7:00 Mexican Train Game (GR)**
16 10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 11:00 Sunday Brunch (MD) 1:00 Dominoes (GR) **1:15 Dallas Symphony Orchestra - Pops Through Time: Iconic Scores & Classic Hits (OUT)** **2:00 Tech help with Evey (SR)**	**17** 9:30 Agercise - Charles (Aerobics Studio) **10:00 Art Class with Laura (AS)** 10:00 Bridge lessons with Gerri (GR) **10:00 Ritu's Jewelry Sale (Portabella)** 10:30 Balance & Bar - Charles (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) **1:00 *NEW Chair Yoga with Jeri (Aerobics Studio)** **1:00 Beginning Bridge with Gerrie (GR)** 2:00 Musical Mondays Movie (TH)	**18** 9:30 Body Fusion - Teresa (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:30 Bible Study (PAC) 10:30 Start Me Up With Charles (Aerobics Studio) **10:45 Men's Lunch Outing - Back Country BBQ (OUT)** 11:30 Stretch & Balance - Dan (Aerobics Studio) **1:00 Walgreens & Tom Thumb** (OUT)** 1:00 Tai Chi - Teri (Aerobics Studio) 1:30 Mahjong (CR) 2:00 Military Series (IL Theater) **7:30 Tuesday Night Program - USO Show with Special Guests (PAC)**	**19** 9:30 Agercise® Charles (Aerobics Studio) **10:00 Knit Wits Holiday Sale (Portabella)** **10:30 Durbin Ear Clinic (GR)** 10:30 Functional Fitness - Harriet (Aerobics Studio) **10:30 *NEW Water Aerobics with Wesley SCW, AEC Certified Instructor (PO)** **10:30 Fiber Arts with Lauren (Art Room)** 10:30 Open Swim Fitness (PO) **11:25 Welcome Home Luncheon - New Residents ONLY (WR)** 1:00 Sole Mates - Walking Club (GS) **1:00 *NEW Chair Yoga with Jeri (Aerobics Studio)** **1:00 Barrett Eyeglasses Clinic (Lobby)** **1:00 Wellness Wednesday Presentation - Hydration and Kidney Health by Curana (PAC)** **2:00 GUNSMOKE WEDNESDAY (Movie Theater)** **2:15 Dish with Dining (PC)** 3:00 Edgemere Choir Practice (PAC) **6:30 101 Tech Classes (GR)** **7:30 Wednesday Night Movie with Linda (TH)**	**20** 9:30 Body & Brain With Charles (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:30 Agercise® Charles (Aerobics Studio) **1:00 Farkle Dice Game (GR)** 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 Love & Romance Movie (IL Theater) **2:30 TouchTown/Uniguest app support (Lifestyles Office)** **4:00 Croquet & Wine - New Croquet Court (building 9 & 3 courtyard)** **4:00 Resident Association (PAC)** 7:30 Bingo (GR)	**21** **9:30 Pickle Ball with Ruda (PAC)** **10:00 NEW! Stories Through The Century - The 100 Plus Club (GR)** 10:00 Mahjong (CR) **10:30 Balance & Barre - Charles (Aerobics Studio)** **10:30 NEW Water Aerobics with Wesley (PO)** **11:00 Jaynes Clothing Boutique (PAC)** 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) **1:00 Boxing Class *NEW (Aerobics Studio)** **1:00 Target** (OUT)** 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) **2:30 Floral Club (AS)** **4:00 Happy Hour with Doc Gibbs (PAC)**	**22** **9:00 Body Blast - With Charles (Aerobics Studio)** **10:00 Meditation Sound Pool with live music with ByJimi (PO)** 10:30 Open Swim Fitness (PO) **10:30 Table Tennis with Ruda (Aerobics Studio)** 1:00 Sole Mates - Walking Club (GS) **1:00 *NEW VR Enrichment Excellence - Gratitude & Gatherings (Lobby)** 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) **7:00 Mexican Train Game (GR)**
23 10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 11:00 Sunday Brunch (MD) 1:00 Dominoes (GR) **1:15 Dallas Symphony Orchestra - Organ Recital: Bradley Hunter Welch (OUT)**	**24** 9:30 Agercise - Charles (Aerobics Studio) **9:30 Casino Outing - Choctaw (OUT)** 10:00 Bridge lessons with Gerri (GR) **10:00 WoodShop Class With Gary (WoodShop)** 10:30 Balance & Bar - Charles (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) **1:00 *NEW Chair Yoga with Jeri (Aerobics Studio)** **1:00 Beginning Bridge with Gerrie (GR)** 2:00 Musical Mondays Movie (TH) **4:00 Current Events with Randy (PAC)** **7:00 World Religion Series on Judaism - Tom McFaul (PAC)**	**25** 9:30 Body Fusion - Teresa (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) **10:00 WoodShop Class With Gary (WoodShop)** 10:30 Bible Study (PAC) 10:30 Start Me Up With Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) **1:00 Walgreens & Tom Thumb** (OUT)** 1:00 Tai Chi - Teri (Aerobics Studio) 1:30 Mahjong (CR) 2:00 Military Series (IL Theater) **7:30 Tuesday Night Program - Mark Dunn (PAC)**	**26** 9:30 Agercise® Charles (Aerobics Studio) **10:00 American Red Cross - Blood Drive (GR)** 10:30 Functional Fitness - Harriet (Aerobics Studio) **10:30 *NEW Water Aerobics with Wesley SCW, AEC Certified Instructor (PO)** **10:30 Art & Crafts with Lauren (Art Room)** **10:30 Beaded Dreams - Jewelry Making Class (IL GR)** 10:30 Open Swim Fitness (PO) 1:00 Sole Mates - Walking Club (GS) **1:00 *NEW Chair Yoga with Jeri (Aerobics Studio)** **2:00 GUNSMOKE WEDNESDAY (Movie Theater)** 3:00 Edgemere Choir Practice (PAC) 7:30 Park Cities Stamp Club (PAC) **7:30 Wednesday Night Movie with Linda (TH)**	**27** **11:00 Thanksgiving Brunch (MD)** 2:00 Love & Romance Movie (IL Theater)	**28** **10:00 Dudes and Donuts (GR)** 10:00 Mahjong (CR) **10:30 NEW Water Aerobics with Wesley (PO)** **10:30 Special Fitness Class with Special Guest Travis Brewer (PAC)** 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Walking Club (GS) **1:00 Aldi** (OUT)** **1:00 Boxing Class *NEW (Aerobics Studio)** 1:30 Knit Wits (CR) **2:00 Art with Tony (AS)** 2:00 Friday & Saturday Movie (TH) **4:00 Happy Hour with Dave Tanner (PAC)**	**29** **9:00 Body Blast - With Charles (Aerobics Studio)** 10:30 Open Swim Fitness (PO) **10:30 Table Tennis with Ruda (Aerobics Studio)** 1:00 Sole Mates - Walking Club (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH) **7:00 Mexican Train Game (GR)**