SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY AL-TG - AL Therapy Gym 1A - First Floor Activity Room IL-AS - IL Art Studio	IL-TH - IL Theater OUT - Outing PAR - Plaza Art Room PCR - Plaza Club Room	La Sala - Plaza First Floor PL - Plaza Lobby PT - Plaza Theater 2A - Second Floor Activity Room	SDR - Small Dining Room	*Oktoberfest* **9:30 Arts and Crafts for Beginners with Lauren (PAR)** **9:30 Coffee and Daily News (PCR)** 10:30 Fun Fit w/ Teresa (SDR) **10:30 Salty Loaf Bake Sale (PL)** 1:45 Gym Orientation w/ Charles (AL-TG) 2:00 Love & Romance Movies (IL-TH) **4:00 Oktoberfest with Ruby Weston (1A)**	1 9:30 Card Making Craft (2A) **9:30 Coffee and Daily News (PCR)** **10:00 Ritu's Gifts (PL)** 10:30 Fun and Fit w/ Harriet (SDR) 2:00 In Bloom Floral Club (2A) **3:00 Don Weitz on the Piano (PL)** 3:30 Let's Play Bingo (2A) **7:00 Flicks & Friends - Real The Wild (CH 81/Club Room)**	2 9:30 Qi Gong with Michael (SDR) **10:00 Bible Study with Katherine (2A)** 11:00 Muscle & Movement with Charles (SDR) **1:00 Canasta Class with Lynda (PCR)** 3:00 Dominoes (2A)	3
4 **9:45 Church Service with Martin Caper (SDR)** 11:00 Dominoes (2A) 11:30 Uniguest App Support (2A) **1:15 Dallas Symphony Orchestra - Rachmaninoff & Time for Three (OUT)** **1:30 Cinema Sunday - The Vow (PT)** **2:15 Live Pianist (PL)**	5 *Active Aging Week - Vocational* **9:30 Coffee and Daily News (PCR)** **10:00 Art Class with Laura (IL-AS)** **10:30 Beaded Dreams - Jewelry Making Class (1A)** 10:30 Fun and Fit w/ Jeri (SDR) **1:30 Maintenance Discussion Group (SDR)** 2:30 Let's Play Bingo (2A) **3:00 Movie Magic - The Hill (PT)**	6 *Active Aging Week - Physical* **9:30 Arts and Crafts for Beginners with Lauren (PAR)** **9:30 Coffee and Daily News (PCR)** **10:00 Scenic Drive - Swiss Ave (OUT)** 10:30 Movement w/ Lynn Moon (SDR) **11:00 Durbin Ear Clinic (PCR)** 1:00 Walgreens Outing (PL) 1:45 Gym Orientation w/ Charles (AL-TG) **2:00 Rector's Bible Study with Chris Girata: Gina Craig (PCR)** **6:45 The Film Lounge- This Is 40 (PT)**	7 *Active Aging Week - Intellectual* **9:30 Coffee and Daily News (PCR)** 9:30 Small Projects (2A) 10:30 Movement w/ Charles (SDR) **2:00 Reel Time - Almost Famous (PT)** 4:00 Trivia (2A) **7:15 Bingo After Dark (SDR)**	8 *Active Aging Week - Social* **9:30 Coffee and Daily News (PCR)** 10:30 Fun Fit w/ Teresa (SDR) **1:30 Activities and Events Discussion Group (SDR)** 1:45 Gym Orientation w/ Charles (AL-TG) 2:00 Love & Romance Movies (IL-TH) 2:30 Scrabble Squad (PCR) **4:00 Happy Hour w/ Sam (1A)**	9 *Active Aging Week - Environmental* 9:30 Card Making Craft (2A) **9:30 Coffee and Daily News (PCR)** 10:30 Fun and Fit w/ Harriet (SDR) **2:00 Current Events with Randy Mayeux (1A)** **3:00 Keith Schmorr on the Piano (PL)** 3:30 Let's Play Bingo (2A) **7:00 Flicks & Friends - Secondhand Lions (CH 81/Club Room)**	10 *Active Aging Week - Emotional Wellness* 9:30 Qi Gong with Michael (SDR) **10:00 Bible Study with Katherine (2A)** 11:00 Muscle & Movement with Charles (SDR) **1:00 Canasta Class with Lynda (PCR)** 3:00 Dominoes (2A)
11 *Active Aging Week - Spiritual* **9:45 Church Service with Adam Jakab (SDR)** 11:00 Dominoes (2A) 11:30 Uniguest App Support (2A) **1:15 Dallas Symphony Orchestra - Disney's Hocus Pocus in Concert Live to Film (OUT)** **1:30 Cinema Sunday - A River Runs Through It (PT)** **2:15 Live Pianist (PL)**	12 *Indigenous Peoples' Day* **9:30 Coffee and Daily News (PCR)** **10:00 Park Lane Jewelry (PL)** **10:00 Wood Shop Class w/ Gary (Wood Shop)** 10:30 Fun and Fit w/ Jeri (SDR) **1:30 Dietary Discussion Group (SDR)** 2:30 Let's Play Bingo (2A) **3:00 Movie Magic - Lost Horizon (PT)**	13 **9:30 Arts and Crafts for Beginners with Lauren (PAR)** **9:30 Coffee and Daily News (PCR)** 10:30 Movement w/ Lynn Moon (SDR) 1:00 Walgreens Outing (PL) 1:45 Gym Orientation w/ Charles (AL-TG) **2:00 Rector's Bible Study with Chris Girata: Gina Craig (PCR)** **3:00 Discussion Group w/ AL Director (SDR)** **6:45 The Film Lounge - The First Wives Club (PT)**	14 **9:30 Coffee and Daily News (PCR)** 9:30 Small Projects (2A) **9:30 Glenview Professional Pharmacy: COVID-19 & Flu Vaccination (1A)** 10:30 Movement w/ Charles (SDR) 2:00 Movement w/ Lynn Moon (SDR) **2:30 Pink with a Purpose Social (1A)** 4:00 Trivia (2A) **7:15 Bingo After Dark (SDR)**	15 **9:30 Arts and Crafts for Beginners with Lauren (PAR)** **9:30 Coffee and Daily News (PCR)** **9:30 The Dallas Arboretum and Botanical Garden (OUT)** **10:00 Zooey Enterprise (PL)** 10:30 Fun Fit w/ Teresa (SDR) 1:45 Gym Orientation w/ Charles (AL-TG) 2:00 Love & Romance Movies (IL-TH) 2:30 Scrabble Squad (PCR) **4:00 Happy Hour w/ Jose Fonseca (1A)**	16 9:30 Card Making Craft (2A) **9:30 Coffee and Daily News (PCR)** 10:30 Fun and Fit w/ Harriet (SDR) **1:45 Don Weitz on the Piano (PL)** 2:00 In Bloom Floral Club (2A) 3:30 Let's Play Bingo (2A) **7:00 Flicks & Friends - War Room (CH 81/Club Room)**	17 9:30 Qi Gong with Michael (SDR) **10:00 Bible Study with Katherine (2A)** 11:00 Muscle & Movement with Charles (SDR) **1:00 Canasta Class with Lynda (PCR)** 3:00 Dominoes (2A)
18 **9:45 Church Service with Nathan Somerfield (SDR)** 11:00 Dominoes (2A) 11:30 Uniguest App Support (2A) **1:15 Dallas Symphony Orchestra - Beethoven & Strauss with Daniel Hawkins (OUT)** **1:30 Cinema Sunday - Dirty Rotten Scoundrels (PT)** **2:15 Live Pianist (PL)**	19 **9:30 Coffee and Daily News (PCR)** **10:00 Art Class with Laura (IL-AS)** **10:30 Beaded Dreams - Jewelry Making Class (1A)** 10:30 Fun and Fit w/ Jeri (SDR) **1:30 Resident Council (SDR)** 2:30 Let's Play Bingo (2A) **3:00 Movie Magic - The Last Word (PT)**	20 **9:30 Arts and Crafts for Beginners with Lauren (PAR)** **9:30 Coffee and Daily News (PCR)** 10:30 Movement w/ Lynn Moon (SDR) 1:00 Walgreens Outing (PL) 1:45 Gym Orientation w/ Charles (AL-TG) **2:00 Rector's Bible Study with Chris Girata: Gina Craig (PCR)** **6:45 The Film Lounge - Love and Death (PT)**	21 **9:30 Coffee and Daily News (PCR)** 9:30 Small Projects (2A) **9:30 World Religion Series - Buddhism with Tom McFaul (1A)** 10:30 Movement w/ Charles (SDR) **12:30 Preferred Podiatry Group (PCR)** **2:00 Let's Discuss Art & Design with Tony (PCR)** **2:00 Reel Time - The Godfather (PT)** **3:00 For Love and Art (PCR)** 4:00 Trivia (2A) **7:15 Bingo After Dark (SDR)**	22 **9:30 Arts and Crafts for Beginners with Lauren (PAR)** **9:30 Coffee and Daily News (PCR)** **10:30 Babe's Chicken - Lunch (OUT)** 10:30 Fun Fit w/ Teresa (SDR) 1:45 Gym Orientation w/ Charles (AL-TG) 2:30 Scrabble Squad (PCR) **4:00 Happy Hour w/ Terry O'Neal (1A)**	23 9:30 Card Making Craft (2A) **9:30 Coffee and Daily News (PCR)** **10:00 Alzheimer's and Dementia Support Group (La Sala)** 10:30 Fun and Fit w/ Harriet (SDR) **3:00 Keith Schmorr on the Piano (PL)** 3:30 Let's Play Bingo (2A) **7:00 Flicks & Friends - The King's Speech (CH 81/Club Room)**	24 9:30 Qi Gong with Michael (SDR) **10:00 Bible Study with Katherine (2A)** **10:00 Gigi's Boutique (PL)** **10:00 VR Enrichment (PCR)** 11:00 Muscle & Movement with Charles (SDR) **1:00 Canasta Class with Lynda (PCR)** 3:00 Dominoes (2A)
25 **9:45 Church Service with Debasish (Deb) Das (SDR)** 11:00 Dominoes (2A) 11:30 Uniguest App Support (2A) **1:15 Dallas Symphony Orchestra - Organ Recital: Anna Lapwood (OUT)** **1:30 Cinema Sunday - The League of Extraordinary Gentleman (PT)** **2:15 Live Pianist (PL)**	26 9:30 Casino Outing - Choctaw (OUT) **9:30 Coffee and Daily News (PCR)** **10:00 Wood Shop Class w/ Gary (Wood Shop)** 10:30 Fun and Fit w/ Jeri (SDR) **3:00 Movie Magic - True Grit (PT)**	27 **9:30 Arts and Crafts for Beginners with Lauren (PAR)** **9:30 Coffee and Daily News (PCR)** 10:30 Movement w/ Lynn Moon (SDR) 1:00 Walgreens Outing (PL) 1:45 Gym Orientation w/ Charles (AL-TG) **2:00 Rector's Bible Study with Chris Girata: Gina Craig (PCR)** **3:00 Discussion Group w/ AL Director (SDR)** **4:00 Fish City Grill (OUT)** **6:45 The Film Lounge - Saving Private Ryan (PT)**	28 **9:30 Coffee and Daily News (PCR)** 10:30 Movement w/ Charles (SDR) 2:00 Movement w/ Lynn Moon (SDR) **3:00 Ice Cream Sundae Social (1A)** **3:00 Reel Time - Shall We Dance? (PT)** 4:00 Trivia (2A) **7:15 Bingo After Dark (SDR)**	29 **9:30 Arts and Crafts for Beginners with Lauren (PAR)** **9:30 Coffee and Daily News (PCR)** **10:00 Northwest Christian Church - Early Voting (OUT)** 10:30 Fun Fit w/ Teresa (SDR) 1:45 Gym Orientation w/ Charles (AL-TG) 2:00 Love & Romance Movies (IL-TH) 2:30 Scrabble Squad (PCR) **4:00 Happy Hour w/ Mark Dunn (1A)**	30 9:30 Card Making Craft (2A) **9:30 Coffee and Daily News (PCR)** 10:30 Fun and Fit w/ Harriet (SDR) **2:00 Silver Spatulas Cooking with Paul Kim (1A)** **3:00 It's a Monster Bash!-Costume Party (1A)** **3:00 Mark Dunn on the Piano (PL)** 3:30 Let's Play Bingo (2A) **7:00 Flicks & Friends - The Great Escape (CH 81/Club Room)**	31 *Halloween* 9:30 Qi Gong with Michael (SDR) 11:00 Muscle & Movement with Charles (SDR) **1:00 Canasta Class with Lynda (PCR)** **2:00 Halloween Trick-or-Treaters (PL)** **2:00 Plaza Trick or Treat (ALL FLOORS)** 3:00 Dominoes Club (2A) 6:30 Piano Concert with Amelia Bauernschmitt (PL)

October 2026

Assisted Living

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