November 2026

Golden Opportunities

SUN	MON	TUE	WED	THUR	FRI	SAT
Daylight Savings Time Ends **1** **9:15 Catholic Communion (Room)** 9:30 Morning Devotions (Piazza) 10:30 Light and Lively (Piazza) 10:30 Rest and Relax (Atel) 1:15 Discover and Connect (Ext DR) **2:15 Live Pianist (PL)** 3:30 Chair Yoga with Olivia (Piazza) 3:30 Joyful Memories (LIV)	**2** **9:30 Dance Fusion w/Lynn (Piazza)** 10:30 It Takes Me Back-Sports (Piazza) 10:30 The Happiness Experience (Ext DR) 1:15 Discover and Connect (Ext DR) **2:00 Mind Fit (Piazza)** 2:45 2-Minute Tales (Piazza) 3:30 Colorist Hour (Ext DR) 3:30 Old Wives' Tales (Piazza)	**3** **9:30 Arts and Crafts for Beginners w/ Lauren (Art Studio 1st Floor)** **9:30 Cowboy Bob (Piazza)** 10:30 Movement w/ Lynn Moon (SMD) **11:00 Love on a Leash - Dog Therapy (Piazza)** **1:00 Explore Dallas History with Holly Stevens (1A Plaza)** 1:15 Discover and Connect (Ext DR) **3:30 Don Weitz Performs (Piazza)** 4:00 Crossword (2A)	**4** **9:30 Music Therapy (Piazza)** 9:30 Small Craft Projects (2A) 1:15 Discover and Connect (Ext DR) 1:30 Scrabble - Dabbles (CR) **2:00 Mind Fit (Piazza)** **3:00 For Love and Art (Piazza)** 4:00 Trivia (2A)	**5** 9:30 Arts and Crafts for Beginners w/ Lauren (Art Studio 1st Floor) **9:30 Scenic Drive - The Bishop Arts District (OUT)** 10:30 Fit and Fun with Teresa (SMD) 11:00 Puzzle Pros (CR) 1:15 Discover and Connect (Ext DR) 2:30 Scrabble Squad (CR) **4:00 Happy Hour with Ruby Weston (1A Plaza)**	**6** 9:30 Card Making Craft (2A) **10:00 Beth's Wreaths and Gifts (PL)** 10:30 Fit and Fun w/Harriet (SMD) 1:15 Discover and Connect (Ext DR) 1:30 The Deal Breakers - Card Games (CR) **2:00 In Bloom Floral Club (2A)** **3:00 Don Weitz on the Piano (PL)** 4:00 Let's Play Bingo (2A)	**7** **7:30 Alzheimer's Annual Walk - Klyde Warren Park (OUT)** **10:00 Bible Study with Katherine (2A)** 10:30 Rest and Relax (Atel) 11:00 Puzzle Pros (CR) 1:15 Discover and Connect (Ext DR) **3:00 Afternoon Matinee - For Me and My Gal (Piazza)** 3:00 Dominoes (2A) 3:30 Joyful Memories (LIV)
9:15 Catholic Communion (Room) **8** **9:30 Morning Worship w/ Katherine (Piazza)** 10:30 Light and Lively (Piazza) 10:30 Rest and Relax (Atel) 1:15 Discover and Connect (Ext DR) **2:15 Live Pianist (PL)** 3:30 Chair Yoga with Olivia (Piazza) 3:30 Joyful Memories (LIV)	2:45 2 Minute Tales (Piazza) **9** **9:30 Dance Fusion w/Lynn (Piazza)** 10:30 It Takes Me Back - Family (Piazza) 10:30 The Happiness Experience (Ext DR) 1:15 Discover and Connect (Ext DR) **2:00 Mind Fit (Piazza)** 3:30 Colorist Hour (Ext DR)	**9:30 Arts and Crafts for Beginners w/ Lauren (Art Studio 1st Floor)** **10** 10:30 Movement w/ Lynn Moon (SMD) **10:30 VR Enrichment Excellence Activity (Piazza)** 11:00 Puzzle Pros (CR) **11:00 Love on a Leash - Dog Therapy (Piazza)** 1:15 Discover and Connect (Ext DR) **3:30 Mark Dunn Entertains (Piazza)** 4:00 Crossword (2A)	**Veterans Day** **11** **9:30 Music Therapy (Piazza)** **9:30 Scenic Drive-Kessler Park (OUT)** 9:30 Small Craft Projects (2A) 11:00 Veterans Day Trivia (CR) 1:15 Discover and Connect (Ext DR) 1:30 Scrabble - Dabbles (CR) **2:00 Mind Fit (Piazza)** 4:00 Trivia (2A)	**9:30 Arts and Crafts for Beginners w/ Lauren (Art Studio 1st Floor)** **12** **9:30 Holiday at the Arboretum (OUT)** 11:00 Puzzle Pros (CR) 1:15 Discover and Connect (Ext DR) 2:00 Creative Creation (Piazza) 2:30 Scrabble Squad (CR) **4:00 Happy Hour with Shanna Divine (1A - Plaza)**	9:30 Card Making Craft (2A) 10:30 Fit and Fun w/Harriet (SMD) **13** **10:30 Lunch at El Fenix (OUT)** 1:15 Discover and Connect (Ext DR) 1:30 The Deal Breakers - Card Games (CR) **2:00 Current Events with Randy Mayeux (1A Plaza)** **3:00 Keith Schmorr on Piano (PL)** 4:00 Let's Play Bingo (2A)	9:30 Art Room Activities (Art Studio 1st Floor) **14** **10:00 Bible Study with Katherine (2A)** 10:30 Rest and Relax (Atel) 11:00 Puzzle Pros (CR) 1:15 Discover and Connect (Ext DR) **3:00 Afternoon Matinee - Gentlemen Prefer Blondes (Piazza)** 3:00 Dominoes (2A) 3:30 Joyful Memories (LIV)
9:15 Catholic Communion (Room) **15** 9:30 Morning Devotions (Piazza) 10:30 Light and Lively (Piazza) 10:30 Rest and Relax (Atel) 1:15 Discover and Connect (Ext DR) **2:15 Live Pianist (PL)** 3:30 Joyful Memories (LIV)	**9:30 Dance Fusion w/Lynn (Piazza)** **16** 10:30 It Takes Me Back - College (Piazza) 10:30 The Happiness Experience (Ext DR) 1:15 Discover and Connect (Ext DR) **2:00 Mind Fit (Piazza)** 2:45 Finish the Phrase (Piazza) 3:30 Colorist Hour (Ext DR) 3:30 Gratitude Journey (Piazza)	**9:30 Arts and Crafts for Beginners w/ Lauren (Art Studio 1st Floor)** **17** **9:30 Cowboy Bob (Piazza)** 10:30 Movement w/ Lynn Moon (SMD) 11:00 Puzzle Pros (CR) **11:00 Love on a Leash - Dog Therapy (Piazza)** 1:15 Discover and Connect (Ext DR) **3:30 Don Weitz Performs (Piazza)** 4:00 Crossword (2A)	**9:30 Music Therapy (Piazza)** **18** 9:30 Small Craft Projects (2A) **9:30 World Religion Series - Jainism with Tom McFaul (1A)** 1:15 Discover and Connect (Ext DR) 1:30 Scrabble - Dabbles (CR) **2:00 Mind Fit (Piazza)** 4:00 Trivia (2A)	**9:30 Arts and Crafts for Beginners w/ Lauren (Art Studio 1st Floor)** **19** 10:30 Fit & Fun with Teresa (SMD) 11:00 Puzzle Pros (CR) 1:15 Discover and Connect (Ext DR) 2:30 Scrabble Squad (CR) **4:00 Happy Hour with Jose Fonceca (1A Plaza)**	9:30 Card Making Craft (2A) 10:30 Fit and Fun w/Harriet (SMD) **20** **10:30 NEW! Parkinson's Monthly Support Group-DAPS (Seminar Room)** 1:15 Discover and Connect (Ext DR) 1:30 The Deal Breakers - Card Games (CR) **1:45 Don Weitz on the Piano (PL)** **2:00 In Bloom Floral Club (2A)** 4:00 Let's Play Bingo (2A)	9:30 Art Room Activities (Art Studio 1st Floor) **21** **10:00 Bible Study with Katherine (2A)** 10:30 Rest and Relax (Atel) 11:00 Puzzle Pros (CR) 1:15 Discover and Connect (Ext DR) **3:00 Afternoon Matinee-Cover Girl (Piazza)** 3:00 Dominoes (2A) 3:30 Joyful Memories (LIV)
9:15 Catholic Communion (Room) **22** **9:30 Morning Worship w/ Katherine (Piazza)** 10:30 Light and Lively (Piazza) 10:30 Rest and Relax (Atel) 1:15 Discover and Connect (Ext DR) **2:15 Live Pianist (PL)** 3:30 Chair Yoga with Olivia (Piazza) 3:30 Joyful Memories (LIV)	2:45 2-Minute Tales (Piazza) **23** **9:30 Dance Fusion w/Lynn (Piazza)** 10:30 It Takes Me Back - Traditional Food (Piazza) 10:30 The Happiness Experience (Ext DR) 1:15 Discover and Connect (Ext DR) **2:00 Mind Fit (Piazza)** 3:30 Colorist Hour (Ext DR) 3:30 True or False (Piazza)	**9:30 Arts and Crafts for Beginners w/ Lauren (Art Studio 1st Floor)** **24** 10:30 Movement w/ Lynn Moon (SMD) **10:30 The Cheesecake Factory (OUT)** **10:30 VR Enrichment Excellence Activity (Piazza)** 11:00 Puzzle Pros (CR) **11:00 Love on a Leash - Dog Therapy (Piazza)** 1:15 Discover and Connect (Ext DR) **2:00 Marek on the Violin (1A - Plaza)** 4:00 Crossword (2A)	**9:30 Music Therapy (Piazza)** **25** 9:30 Small Craft Projects (2A) **10:00 American Red Cross Blood Drive (GR)** 1:15 Discover and Connect (Ext DR) 1:30 Scrabble - Dabbles (CR) **2:00 Mind Fit (Piazza)** 4:00 Trivia (2A)	**Thanksgiving** **9:30 Macy's Day Parade - Scavenger Hunt (Piazza)** **26** 10:30 Light and Lively (Piazza) **11:30 Thanksgiving Lunch (DR)** 1:15 Discover and Connect (Ext DR) 2:00 Creative Creations (Piazza) **2:00 Mark Dunn on the Piano (PL)** 3:30 Timeless Tunes (Piazza)	9:30 Card Making Craft (2A) **10:00 Alzheimer's and Dementia Support Group (La Sala)** **27** 10:30 Fit and Fun w/Harriet (SMD) 1:15 Discover and Connect (Ext DR) 1:30 The Deal Breakers - Card Games (CR) **3:00 Keith Schmorr on Piano (PL)** 4:00 Let's Play Bingo (2A)	9:30 Art Room Activities (Art Studio 1st Floor) **28** **10:00 Bible Study with Katherine (2A)** 10:30 Rest and Relax (Atel) 11:00 Puzzle Pros (CR) 1:15 Discover and Connect (Ext DR) **3:00 Afternoon Matinee-An American in Paris (Piazza)** 3:00 Dominoes (2A) 3:30 Joyful Memories (LIV)
9:15 Catholic Communion (Room) **29** 9:30 Morning Devotions (Piazza) 10:30 Light and Lively (Piazza) 10:30 Rest and Relax (Atel) 1:15 Discover and Connect (Ext DR) **2:15 Live Pianist (PL)** 3:30 Joyful Memories (LIV)	**9:30 Dance Fusion w/Lynn (Piazza)** **30** 10:30 The Happiness Experience (Ext DR) 10:30 Trivia on IN2L (Piazza) 1:15 Discover and Connect (Ext DR) **2:00 Mind Fit (Piazza)** 2:45 2-Minute Tales (Piazza) 3:30 Colorist Hour (Ext DR) 3:30 It Takes Me Back - Holidays (Piazza)	**LOCATION KEY** Atel - Atelier DR - Dining Room Ext DR - Extended Dining Room 1A - First Floor Activity Room GR - Game Room Piazza - La Piazza LIV - Living room OUT - Outing La Sala - Plaza First Floor PL - Plaza Lobby Room - Room Visits 2A - Second Floor Activity Room				